





What we'll cover

Viral Content

The psychology of viral

What you can influence

- You
- Your client
- Content types
- Content Strategy

Case studies





What is viral content?

What's your favourite content source e.g Tiktok, websites, blogs, Emails, YouTube?

What's your **favourite piece of content ever**?

Can you name a 2022 top 10 Instagram post?



What is viral content?

Instagram Top 10 (2022) 5 Messe (including top spot with 85 million likes), 4 Ronaldo, 1 egg.

Blogs. Billboard for music industry news

YouTube. Baby Shark Dance (2021) with 12 billion views.



What is viral content?

Designed for circulation

Multi-sensory

Multimedia

Multi-purpose

Multi-characteristic

View, love, share

How does viral content work?

How to get viewed

Why do people love it?

What makes it shareable?

The psychology of viral

- ✓ Novelty
- ✓ Curiosity
- **✓** Emotion
 - positive e.g. amusement, interest, happiness
 - negative e.g. fear, sadness, anger, disgust.
 - use a mix, as that's what reality is.
 - storytelling
 - surprise (positive or negative) is a trump card





What can you influence?

- You
- Your clients
- Content strategy
- What content
- Case studies





What do you bring to the party?

How do you compare?

SWOT

Start by

- Analysing your performance to date.
- Analysing your competition.



SWOT analysis considers your

Strengths

Opportunities

Weaknesses



Strengths

- Expert in kettlebells or fermented foods.
- Talented presenter.
- Great abdominals.

Opportunities

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- Unsuitable location for filming.
- English as second language.

Opportunities



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Opportunities

- January 'get fit' surge.
- LinkedIn offers embedded video



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- January 'get fit' surge.
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- Cost of living crisis.
- Food health scare.
- Related new product launch.



Points to incorporate into content:

Ideas

- Instagram video campaign with NY resolution theme.
- Listicle on money saving techniques/ low cost of your product.
- New video aimed at business customers on LinkedIn.

Competitive position overview

- Consider your offering versus your competition.
- Adjust accordingly.





Your client

Who is your target client?

What do they **need**?

Segmentation (Demographic, Geographic, Psychographic,

Technographic, Behavioural, Needs-based, Value-based)

Consider emotions e.g. impact of age, gender etc

What benefit does sharing content bring them? e.g. bonding, authority etc.

Build 3 - 5 avatars.



Your client

Who is your target client?

- City/ rural.
- 15-22.
- Exercises 3-6 days/ week.
- Cardiovascular, indoor, dance/ HIIT etc
- Interest in latest nutrition trends.
- Low disposable income.

Lola, 20, student nurse, shifts, city-dweller, keen cook, needs calm outside of stressful job, enjoys supportive online community etc.

Ed, 22, barista, rural community, outdoor, enjoys competitive training with friends, craves excitement and novelty, thrives on action etc.



Your client

Your go

Top tips

- use SWOT insights.
- go niche.





The plan

Define roadmap (SWOT, Target client, KPI's)

- Structure your approach
- Timetable for all content
- Include style, media, themes

Top tips

- Be **realistic** with your timetable
- Where do your target clients hang out?
- Build variety and proportion of each theme depending on objectives.
- Use an automated content management system e.g. Hubspot Wordpress.



The plan



What persona and format would your target audience value i.e. 'who' will meet their needs?

Where do they hang out e.g. Tiktok, blogs, podcasts?

How much time and resource can you commit?

How can you create/ draw out the emotions they want to feel?

How can you differentiate from your competition i.e. your USP?

How will all your content come together to improve your business?

What style suits your message?

What's your niche, image, brand?

Consider how to build habits

How do you measure success, review, refresh?



Content types

Website

Social

Blogs

Email

Podcasts

Video

Ecourses

Webinars

White papers

ebooks

Content types

Top tips

- Be realistic about time commitment
- Start where your audience already is
- Play to your strengths
- Embed, don't post links





Case study 1 - Video

Video is everywhere

Why do people love it?

- Entertainment
- Builds rapport
- 'Real'
- Easy to consume

Limitations

- Time-consuming to produce
- Not everyone's a natural



Case study 1 - Video



Your go

- 1. Find 2 you love or hate i.e. trigger emotion
- 2. Compare them to see what and how
- 3. Could you apply or adapt these ideas?

Top tips

- Consider purpose
- Consider your client needs, including emotion, duration, style
- How do you stand out?



Case study 1 - Learn from the pro's



Your go

Compare The Bodycoach versus Trinny

(Instagram posts only)

Consider

- 1. What do you think of him/her?
- 2. What are he/ she actually selling? Clue: motivation, inspiration, youth, reality
- 3. Define their **target** clients.
- 4. Define the **key components** of the videos
- 5. Define their style
- 6. What do they offer for free versus sell?
- 7. Consider mix of topics e.g. recipes versus fitness session versus personal/ funny.
- 8. Note timetable e.g. weekly events, like 'Closet Confessions'.



Case study 2 - Websites

- Websites are the heart of your marketing.
- Consider visitors' needs.
- Customer journey.
- What actions do you need them to perform (CTA)?
- What's your message in 3 words?
- Consistency through all content, design, style etc.
- SEO and keywords.
- Measure, modify, refresh



Case study 2 - Websites

Your turn

- 1. Consider 3 websites you like or hate i.e. evoke emotion.
- 2. Define what components achieve this.
- 3. Consider headline, visuals, keywords, readability, relevance, length etc.
- 4. Apply useful points to your website.



Case study 3 — Podcasts and ecourses

- Podcasts and ecourses build rapport.
- Consider free versus paid content
- 'Going rate' pricing affects how you package what you offer.
- What serves you better?
- Format and duration to fit with clients' needs.
- Consider multiple senses e.g. visuals, audio, touch.



Case study 3 — Podcasts and ecourses

- What's your USP?
- Relatable versus expert.
- Add additional layers of appeal e.g. great sportswear, proximity of camera, backdrop.
- Consistency
- Develop the relationship by adding additional content media e.g. email, Instagram etc.





Bringing it together

Content is needed all across your digital marketing.

Viral content is built to be circulated.

Novelty, curiosity and emotion encourage sharing.

Find your niche.

Meeting the **needs** of your target clients is key.

Your Content Strategy will guide progress.

Learn from the best.

Measure, evolve, succeed.



No time?

- Find a topic that is already viral.
- . What emotions did it trigger?
- . Improve it e.g. length, relevance etc.
- Mix in another topic to create curiosity.
- What emotions will this new mix trigger?
- . Market

